# IDENTIFYING COMMON EYE CONDITIONS

## ESSENTIAL INFORMATION:

**Optrex Allergy 2% w/v Eye Drops.** Indication: Relief and treatment of seasonal and perennial allergic conjunctivitis. Legal Classification: P. MA Holder: Aspire Pharma Limited, GU32 3HA. Information about this product, including adverse reactions, precautions, contra-indications, and method of use can be found at: www.medicines.org.uk/emc/medicine/31605

**Optrex Infected Eye Drops.** Indication: Treatment of acute bacterial conjunctivitis. Legal Classification: P. Licence Holder: Optrex Limited, Slough, SL1 3UH. Information about this product, including adverse reactions, precautions, contraindications, and method of use can be found at: www.medicines.org.uk/emc/medicine/23300

**Optrex Bacterial Conjunctivitis 1% w/w Eye Ointment.** Indication: Treatment of acute bacterial conjunctivitis. Legal Classification: P. Licence Holder: Medicom Healthcare Ltd, Hants, PO14 4PJ. Information about this product, including adverse reactions, precautions, contraindications, and method of use can be found at: www.medicines.org.uk/emc/medicine/32184

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**Adverse events should be reported. Reporting forms and information can be found at www.mhra.gov.uk/yellowcard. Adverse events should also be reported to Reckitt Benckiser Healthcare (UK) Ltd on: 0333 200 5345.**

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To refresh your knowledge, go to [www.rbforhealth.co.uk/eyecare](http://www.rbforhealth.co.uk/eyecare)

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## SYMPTOMS AND CHARACTERISTICS

### APPEARANCE

<table>
<thead>
<tr>
<th>Condition</th>
<th>Appearance</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Dry eye</strong></td>
<td>Sore, gritty, irritated or red eyes</td>
</tr>
<tr>
<td></td>
<td>Can worsen as the day goes on</td>
</tr>
<tr>
<td></td>
<td>Eyes may be watery</td>
</tr>
<tr>
<td></td>
<td>Cannot be cured but symptoms can be controlled.</td>
</tr>
</tbody>
</table>

### CAUSED BY

- Most commonly, a disruption to the outer lipid layer of the tear film.

### ONE OR BOTH EYES

- Normally in both eyes.

### SYMPTOMS

- Itchy and eyes may also be red and burning
- May have mild light sensitivity and swollen eyelids
- Can be seasonal or year round
- Eyes may have a clear watery discharge.

### INFECTED EYES

- Red and watery eyes
- Burning and gritty eyes
- Usually lasts 1-2 weeks, but some can take months
- Sticky, gunky discharge on lashes.

### INFECTED EYES

- Normally in both eyes unless caused by local allergen or irritant.

- May start in one eye and spreads to the other.

- Pollen and other allergens such as dust mites and animal dander.

- Bacterial or viral infection.

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**REFERENCES:**


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UK/CC/0417/0005au

Date of preparation: November 2017

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[1] UK/CC/0417/0005au

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# TREATING COMMON EYE CONDITIONS

<table>
<thead>
<tr>
<th><strong>PRODUCT</strong></th>
<th><strong>Dry eye</strong></th>
<th><strong>Eye Allergies</strong></th>
<th><strong>Infected eyes</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Optrex ActiMist 2in1 Eye Spray for Dry + Irritated Eyes</strong></td>
<td>Optrex Intensive Eye Drops</td>
<td>Optrex Allergy 2% w/v Eye Drops</td>
<td>Optrex Infected Eye Drops (chloramphenicol 0.5%) and Optrex Bacterial Conjunctivitis 1% w/w Eye ointment</td>
</tr>
<tr>
<td><strong>Optrex Intensive Eye Drops</strong></td>
<td>Optrex Night Restore Gel Drops</td>
<td>Optrex ActiMist 2in1 Eye Spray for Itchy + Watery Eyes</td>
<td></td>
</tr>
<tr>
<td><strong>Optrex Night Restore Gel Drops</strong></td>
<td></td>
<td>Optrex Multi-Action Eye Wash‡</td>
<td></td>
</tr>
</tbody>
</table>

## Contains

| **Phospholipid liposomes.** | **Sodium hyaluronate (0.18%).** | **Sodium hyaluronate (0.4%).** | **Sodium cromoglicate (2% w/v).** |

## Why use?

| **Repairs the disruption of the outer lipid layer of the tear film which causes about 80% of dry eye cases.** | **Rehydrates and lubricates the eye by replacing the missing water in the tear film.** | **Rehydrates and lubricates the middle watery layer of the tear film, but it is more viscous than normal eye drops.** | **Helps stop this allergic reaction by stabilising the mast cells that release histamine.** |

## Why recommend?

| **Provides long-lasting relief for up to 4 hours.** | **Provides instant action and longer lasting relief of dry eye than hypromellose-containing eye drops.** | **Sticks to the eye surface longer than 0.3% hypromellose.”** | **Clinically proven treatment for eye allergies.” Can be used in combination with oral antihistamines if required.** |

## Why suit?

| **Customers who don’t want to put anything directly in their eye or who want on-the-go relief.** | **Customers looking for long-lasting dry eye relief.** | **Customers who want a long-lasting, overnight relief solution.** | **Customers with allergies that particularly affect the eye, such as hayfever.** |

## Who’s it best for?

| **Customers looking for long-lasting dry eye relief.** | **Customers who want a long-lasting, overnight relief solution.** | **Customers with allergies that particularly affect the eye, such as hayfever.** | **Useful for customers who wish to remove allergens and irritations from the eye.** |

## Contains

| **Phospholipid liposomes.** | **Witch hazel.** | **Useful for customers who wish to remove allergens and irritations from the eye.** |

## Contains

| **Antibacterial agent to fight infection and inflammation.** |

## Why use?

| **To refresh your knowledge, go to www.rbforhealth.co.uk/eyecare** |

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*Phospholipid liposomes. Sodium hyaluronate (HA 0.15 or 0.18%) stays longer on the eye surface when compared to 0.3% hypromellose. **When compared to all other Optrex eye drops. ***Repairs disruption to the outer lipid layer of the tear film. ‡Optrex Multi-Action Eye Wash is for use in hayfever to remove pollen and dust particles.